

Warren County Senior Nutrition Program

February 2012

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
<p>Please make next day meal reservations by 12:00 PM MENU SUBJECT TO CHANGE</p> 		Soup Orange Chicken Rice with Carrots Mixed Vegetables Dinner Roll Chocolate Pudding	Soup Meatloaf w/Onion Gravy Mashed Potatoes Chopped Spinach Spitz Roll Pound Cake	Juice Baked Ziti Meatballs w/Extra Sauce Italian Vegetables Italian Bread Fresh Orange
6	7	8	9	10
Soup Shredded Pork BBQ Sweet Potato Wedges Peas and Carrots Whole Wheat Bun Fresh Apple	Juice Beef Stew w/ Potato and Vegetables Brown Rice Rye Bread Lemon Cake	Soup Chili Con Carne White Rice w/ Peas Carrots Cornbread Peaches	Soup Lemon Garlic Chicken Mashed Potatoes Mixed Vegetables Dinner Roll Black and White Cookie	Soup Veal Marsala Buttered Noodles Brussels Sprouts Italian Bread Mixed Fruit
13	"Happy Valentine's Day" 14	15	16	17
<p>Center Closed in observance of Lincoln's Birthday</p>	Soup Pot Roast w/ Gravy Mashed Potatoes Peas and Carrots Whole Wheat Bread Valentine Cupcake 	Soup Chicken Cordon Bleu Scalloped Potatoes Green Beans Dinner Roll Apple Pie	Soup Meat Lasagna Italian Vegetables Tossed Salad w/ Dressing Italian Roll Pears	Soup Baked Honey Ham Sweet Potato Wedges Cauliflower Au Gratin Rye Bread Pineapples and Mandarin Oranges
20	21	Ash Wednesday 22	23	24
<p>Center Closed in observance of Washington's Birthday</p>	Soup Pork Chop w/ Mushroom Gravy Mashed Potatoes Green Beans Rye Bread Applesauce	Soup Flounder Parmesan Baked Potato w/ Sour Cream Winter Mix Pumpernickel Bread Hot Cross Bun	Juice Sweet Italian Sausage w/Onions and Peppers Italian Mixed Vegetables Antipasto Salad w/ Dressing Italian Roll Rice Pudding	Soup Lemon Tilapia Scalloped Potatoes Stewed Tomatoes Whole Wheat Fruit Cocktail
27	28	29		Rev. 1-20-2012
Soup Salisbury Steak w/Gravy Mashed Potatoes Carrots Rye Bread Brownie	Juice Stuffed Peppers Mashed Potatoes Green Beans Dinner Roll Fresh Apple	Soup Chicken Parm Spaghetti w/ Tomato Sauce Spinach Italian Roll Pear		<p><i>American Heart Month</i></p> 