



2008 LOPATCONG ATHLETIC ASSOCIATION TENNIS PROGRAM

This summer the Township will run a Tennis Program for Township boys and girls, between the ages of 7 and 14. Since this is the first year for the program, it will be primarily an instructional one utilizing the Quick Start teaching method. The Director of the Tennis Program recently completed a Recreational Coach Workshop given by the USTA on the Quick Start method. The plan is to give the lessons in the month of July during the morning hours. Players will be grouped according to age and their sessions will be scheduled separately. The Tennis Program will be held at the Lopatcong Tennis Courts located at the western end of Delaware Park.

The Quick Start teaching method utilizes a reduced sized court, lower net, low compression tennis balls and a shorter racquet for the younger players. This facilitates the learning process. Each player must wear tennis sneakers (no street shoes, sandals or running shoes) and appropriate tennis attire. Also, they must bring his, or her, own tennis racquet. For ages eight and under the racquet length should not exceed 23 inches. For ages ten and under, it should not exceed 25 inches. Racquets can be purchased at most sporting goods stores. The Township will supply the tennis balls.

Sign-ups will be held at the Municipal Building, 232 South Third Street, Phillipsburg, on Monday, May 19th and Wednesday, May 21st between the hours of 6:00 – 8:00 pm. At that time the Director of the program will be present to answer any questions that you may have.